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Kids Routine & Responsibility System

Bilingual Editable Charts - English + Spanish



Sistema bilingüe editable de rutinas y responsabilidades para niños

Fillable morning, afternoon and night charts, responsibilities by age and a 4-week rewards chart - type, print and post on the wall.

Tablas rellenables de mañana, tarde y noche, responsabilidades por edad y tabla de recompensas de 4 semanas.

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Morning Routine

My morning, step by step

Name:

Task (editable)	Mon	Tue	Wed	Thu	Fri	Sat	Sun

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Check each day's box when the task is done. You can edit the text of every task before printing.

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Afternoon Routine

My afternoon, step by step

Name:

Task (editable)	Mon	Tue	Wed	Thu	Fri	Sat	Sun

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Check each day's box when the task is done. You can edit the text of every task before printing.

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Responsibilities by Age

Check each responsibility when your child already practices it.

Ages 2-4

- [ ] Put toys in the basket
- [ ] Throw trash in the bin
- [ ] Carry my plate to the sink
- [ ] Put dirty clothes in the hamper
- [ ] Wipe small spills with help
- [ ] Water a plant with help

Ages 5-7

- [ ] Make my bed
- [ ] Feed a pet with an adult nearby
- [ ] Pack my backpack
- [ ] Set the table
- [ ] Sort my laundry by color
- [ ] Sweep a small area

Ages 8-12

- [ ] Prepare a simple snack
- [ ] Take out the trash
- [ ] Vacuum my room
- [ ] Load and unload the dishwasher
- [ ] Fold my laundry
- [ ] Help cook a simple meal with an adult

Every child grows at their own pace: this guide is a starting point, not a rule. Always add adult supervision when a task uses water, heat or cleaning products.

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Rewards Chart

One star for each day the routine is done

Name:

Week	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Celebration
Week 1	*	*	*	*	*	*	*	
Week 2	*	*	*	*	*	*	*	
Week 3	*	*	*	*	*	*	*	
Week 4	*	*	*	*	*	*	*	

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The celebration can be simple and shared: choosing dinner, a game together or a trip to the park. What matters is recognizing each week's effort.

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